

TEACHING PHYSICAL EDUCATION IN BASIC AND SECONDARY EDUCATION

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Who is this course for? People who have a Bachelor's degree in Physical Education and Sport, a similar subject with a minimum of 120 ECTS in the field of physical education and sport, or a legal equivalent.

Publication in the Official Gazette: Notice no. 460/2016 (2nd series), no. 10 of 15 January

One of ISMAI's most defining and distinguishing features has been its investment in training physical education teachers in line with academic and legal requirements and the demands of the teaching profession today. It has done this by providing training that seeks to meet the challenges faced by recognising the value of physical education in education and sports policy.

The training provided involves three different training areas that form the profile of an ISMAI physical education teacher: delivering lessons, education management, planning and participating in the education community and extension to the surrounding community.

The aim is to train professionals who are able to:

- Further develop and incorporate knowledge in physical education and its different fields, specifically school sport and active lifestyles;
- Apply their scientific training pedagogically and didactically, based on a neohumanistic perspective with an ethical, social and cultural focus;
- Deal with issues of school management and organisation in a justified way and develop solutions suitable for the diverse range of situations that arise in schools and in the community;
- Know how to communicate properly using different forms of expression in specific educational contexts;
- Behave in a way that encourages teamwork, information sharing, and individual and collective breakthroughs in the educational settings where they teach;
- Incorporate the demands of working life while progressively increasing autonomy, based on a thoughtful professional identity rooted in the principles of sports culture.

Professional opportunities

Qualification to teach in basic and secondary education.

What makes this course different?

The philosophy of this Master's course is based on best practices and education research in Portugal and the world. By using an innovative perspective, it seeks to bring together knowledge on physical education and issues that raise questions related to educational practices in a research setting. Research is connected to the work of ISMAI's Research Center in Sports Sciences, Health and Human Development (CIDESD), which was classified as "Very Good" in the Foundation for Science and Technology's international evaluation.

Entry requirements a) Portuguese language test in accordance with the terms of Decree Law no. 79/2014 of 14 May;

b) Bachelor's degree in Physical Education and Sport, a legal equivalent, or a qualification recognised by ISMAI's Scientific Council in accordance with the terms of Decree Law no. 43/2007 of 22 February.

YEAR 1
SEMESTER 1 • 30 ECTS

- 4 School Organisation, Management and Cultures
 - 4 Professional Teaching
 - 8 Pedagogical Practice I
 - 9 Sport Didactics I
 - 3 Psychosociology of Education
 - 2 Inclusion Strategies in Physical Education
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YEAR 1
SEMESTER 2 • 30 ECTS

- 4 Research - Action
 - 3 School Sport
 - 4 Assessment in Physical Education
 - 8 Pedagogical Practice II
 - 9 Sport Didactics II
 - 2 Active Lifestyles
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YEAR 2
SEMESTER 1 • 30 ECTS

- 24 Supervised Teaching Practice
 - 6 Intervention Projects I
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YEAR 2
SEMESTER 2 • 30 ECTS

- 24 Supervised Teaching Practice
- 6 Intervention Projects II