

# SCHOOL AND EDUCATIONAL PSYCHOLOGY

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**Who is this course for?** People who have a Bachelor's degree in Psychology.

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School and educational psychology is one of the broadest fields of psychology and aims to meet the intervention needs of different educational settings, from schools to families, including centres that house at-risk children and young people. It focuses on intervention and research with children, adolescents and families from an ecological perspective, from the point of view of the psychologist's work, which also involves paying special attention to social, organisational and community features. School and educational psychologists work in schools at all levels of education, at nurseries, residential homes for children and young people, associations that support people with learning difficulties and special educational needs, private practice, municipal councils, parish councils, community projects, etc.

The Master's degree aims to develop skills in the following specific areas: psychology consultations with children, adolescents and families; psychopedagogical support for students with special educational needs; psychological assessment; career guidance; consultancy and training for different agents involved in education, particularly teachers; planning and implementing parental education/training and community intervention programmes for at-risk social groups; developing prevention actions for areas important to school settings, such as bullying, sexuality, academic failure, etc.

## **Professional opportunities**

Those who complete the Master's degree in School and Educational Psychology are especially qualified to work as psychologists in education institutions: schools at all levels of education, from crèches to university education; residential homes for children and young people; committees for the protection of children and young people; study centres; etc. Furthermore, their training allows them to work on community projects related to education organised by parish and municipal councils, for example, to develop skills and prevent problems that affect children, adolescents and young people. Psychologists in the school and education field can also work on a self-employed basis at private clinics.

## **What makes this course different?**

This course has a heavily vocational focus, with theoretical learning and research joined by practical work, in which students have the chance to participate in projects implemented in the community thanks to agreements with schools, social solidarity institutions and associations to support disabled people. Another important feature is the connection to national and international research in psychology through the Research Unit in Human Development and Psychology (UNIDEP) and the International Society for Interpersonal Acceptance and Rejection. The course also seeks to encourage the development of psychological intervention materials in the education field that allow students to explore the potential of new technologies for developing skills at early ages.

Academic staff are members of research units classified as "Excellent" (Centre for Psychology at the University of Porto - CPUP) and "Very Good" (Interdisciplinary Centre for Gender Studies - CIEG) in the Foundation for Science and Technology's international evaluation.

**YEAR 1**  
**SEMESTER 1 • 30 ECTS**

- 2 School and Educational Psychology - Guidance Module
  - 4 Research Methodology I
  - 4 School and Educational Psychology Models
  - 4 Special Needs Education Models
  - 4 Career Guidance Models
  - 4 School and Educational Psychology Assessment Methods
  - 4 Developmental Psychology and Life Cycle (a)
  - 4 Psychological Assessment and Intervention in Childhood and Adolescence I (a)
  - 4 Victimology (a)
  - 4 Training in Therapeutic Relationship Skills
  - 4 Occupational Health Psychology Models (a)
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**YEAR 1**  
**SEMESTER 2 • 30 ECTS**

- 4 Research Methods II
  - 4 Intervention in School and Educational Psychology
  - 4 Intervention in Special Needs Education
  - 4 Psychological Intervention in Career Guidance
  - 4 Assessment and Intervention in Communication and Language Disorders (a)
  - 4 Psychological Assessment and Intervention in Childhood and Adolescence II (a)
  - 4 Psychological Intervention in Groups (a)
  - 4 Prevention of Delinquency and Criminality (a)
  - 4 Assessment and Intervention in Occupational Health Psychology(a)
  - 1 Intensive Workshop on School and Educational Psychology I
  - 1 Intensive Workshop on School and Educational Psychology II
  - 1 Intensive Workshop on School and Educational Psychology III
  - 1+1+1 3 Workshops in Other Areas
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**YEAR 2**  
**SEMESTERS 1 and 2 • 60 ECTS**

- 30 Dissertation
- 30 Work Placement

(a) Optional: students should choose 2 optional units in each semester. A minimum number of interested candidates is needed for optional units to run.